## **Basic Class Combinations - 1**

## 1. Hip Drop Combination

Weight on left hip,

Drop R, R, R, step back

Drop L, L, L, step back

Hips side to side R, L

Hips side to side R, L

Adding the direction changes:

Weight on left hip,

(Facing front) Drop R, R, R, step back

(Facing back) Drop L, L, L, step back

(Facing front) Hips side to side R, L

(Facing left) Hips side to side R, L

(means hips appear to go front/back from audience perspective)

#### If add zills:

(Facing front) [Zills singles R, L, R, Clap] Drop R, R, R, step back (Facing back) [Zills singles R, L, R, Clap] Drop L, L, L, step back (Facing front) [Zills 1+triplet R RLR, R RLR] Hips side to side R, L (Facing left) [Zills 1+triplet R RLR, R RLR] Hips side to side R, L (means hips appear to go front/back from audience perspective) Recover to front and repeat

#### 2. Circles Combination

Weight on left hip, CW Large Egyptian Hip Circle to R CW Medium Hip Circle to R CW 2 Amis to R

Adding the direction changes

\* Facing Front - Weight on left hip,

Large Egyptian Hip Circle to R

Medium Hip Circle to R

- 2 Amis to R
- \* Turning CW to R side Large Egyptian Hip Circle to R

Medium Hip Circle to R

- 2 Amis to R
- \* Turning CW to back Large Egyptian Hip Circle to R

Medium Hip Circle to R

- 2 Amis to R
- \* Turning CW to side Large Egyptian Hip Circle to R

Medium Hip Circle to R

- 2 Amis to R
- \*Recover to Face Front

### 3. Smooth Combination

Weight centered,

# **Basic Class Combinations - 1**

CCW Chest Circle begin on R Undulate down Forward Hip Figure 8 (R,L) CCW Hip Circle begin on R

Adding the level changes:
Weight centered,
CCW Chest Circle begin on R
\*While lowering height - Undulate down
\*While raising height - Forward Hip Figure 8 (R,L)
CCW Hip Circle begin on R

Adding Circle Combo: Weight on left hip, CW Large Egyptian Hip Circle to R CW Medium Hip Circle to R CW 2 Amis to R

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Weight centered, CCW Chest Circle begin on R Undulate down Forward Hip Figure 8 (R,L) CCW Hip Circle begin on R

4. Drum Solo/percussive Combination
Weight Centered, facing audience
Hips down RLR
2 Amis to R
Hips down LRL
2 Amis to L