

**Student Choreography:
George Abdo - Raks Araby
Album: The Art of Belly Dance**

Song total: counts of / 2:57

Step/Combination	Counts of 8	Direction/Notes
Pose	1	Pose with arms over head hands together
Shimmy	1	At music change/accents begin 8c shimmy, arms remain crossed overhead
Drum accents	1	Big hips side to side with lots of emphasis R-L-R-L / Arms lower to shoulder level but remain out
Undulations	1 count of 8 1 count of 4	3x - Undulate facing audience – each undulation is 4 counts Arms out to the side at shoulder level – remaining extended – hands are undulating leading with the back of the hands
Undulations	1 count of 8	Turning to the right ¼ turn as you begin the first undulation 2x – undulate Arms out to the side at shoulder level – remaining extended – hands are undulating leading with the back of the hands
Undulations	1 count of 8	Turning to the right ¼ turn as you begin the first undulation 2x – undulate (you now have your back to the audience) Arms out to the side at shoulder level – remaining extended – hands are undulating leading with the back of the hands
Back Hip figure eights	2 counts of 8	2x – slow hip figure eights start with the right hip going forward to the right front diagonal and pushing the hip back each figure eight will take 8 counts (4 each hip) Arms will be out to the side following and emphasizing the flow of the hips

Back hip figure eights	2 counts of 8	<p>Turning to the right ¼ turn as you begin the first hip figure eight</p> <p>2x – slow hip figure eights start with the right hip going forward to the right front diagonal and pushing the hip back</p> <p>Each figure eight will take 8 counts (4 each hip) Arms will be out to the side following and emphasizing the flow of the hips</p>
Drum Accents	2 counts of 8	<p>Hip drop/lifts</p> <p>On the first count left arm goes up over head, right arm drops and frames hips and right foot goes on half toe</p> <p>4x - Hip drop/hold hold/lift/lift (think down/and and/up/up)</p>
Undulations	2 counts of 8	<p>4x – undulate</p> <p>Arms out to the side at shoulder level – remaining extended – hands are undulating leading with the back of the hands</p>
Undulations	2 counts of 8	<p>Turning to the right ¼ turn as you begin the first undulation (you are now facing the audience)</p> <p>4x – undulate</p> <p>Arms out to the side at shoulder level – remaining extended – hands are undulating leading with the back of the hands</p>
Forward & Back Steps	1 count of 8	<p>2x - forward and back step facing audience (1 step forward & 1 step back = 1 unit)</p> <p>Arms left arm raised, right arm down and back (same style as hip drops)</p>
Forward & Back Steps	1 count of 8	<p>Turning left before the first step, Start forward and back step with right foot moving forward</p> <p>2x -forward and back step with your right side towards audience</p> <p>Arms left arm raised, right arm down and back (same style as hip drops)</p>

Face Partner	1 count of 4	<p>Turn to face partner (front line face back, back line face front)</p> <p>Left hand up and ready to touch hands with partner Right arm down and back (same style as hip drops)</p>
Step Hips	3 counts of 8	<p>2 step hips to partner (This takes you side by side)</p> <p>4 step hips walking around partner while touching palms (Going counterclockwise to other side of partner – release palms before starting next set of step hips)</p> <p>2 step hips back to starting place (Turning back to face partner again during last step hip)</p> <p>2 step hips toward partner to form a single line (now side by side again)</p> <p>2 step hips for everyone to face front (if you don't need to turn do step hips in place) (12 total step hips)</p>
Back hip figure eights	2 counts of 8	<p>2x – slow hip figure eights start with the right hip going forward to the right front diagonal and pushing the hip back</p> <p>Each figure eight will take 8 counts (4 each hip) Arms will be out to the side following and emphasizing the flow of the hips</p>
Shimmy section	2 counts of 8	<p>Facing audience, arms overhead in pose 1 count of 4 each direction</p> <p>Shimmy facing front, then ¼ turn right (clockwise) to face side</p> <p>Shimmy facing side, then ¼ turn right (clockwise) to face back</p> <p>Shimmy facing away from audience, then ¼ turn right (clockwise) to face side</p> <p>Shimmy facing side, then ¼ turn right (clockwise) to face front/audience</p>

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Drum accents	1 count of 8	Face Audience on 1 st hip Big hips side to side with lots of emphasis R-L-R-L / arms lower to shoulder level but remain out
Shimmy	1 count of 8	Shimmy to pose