

Basic Rhythms with zill/sagat patterns / Mahsati

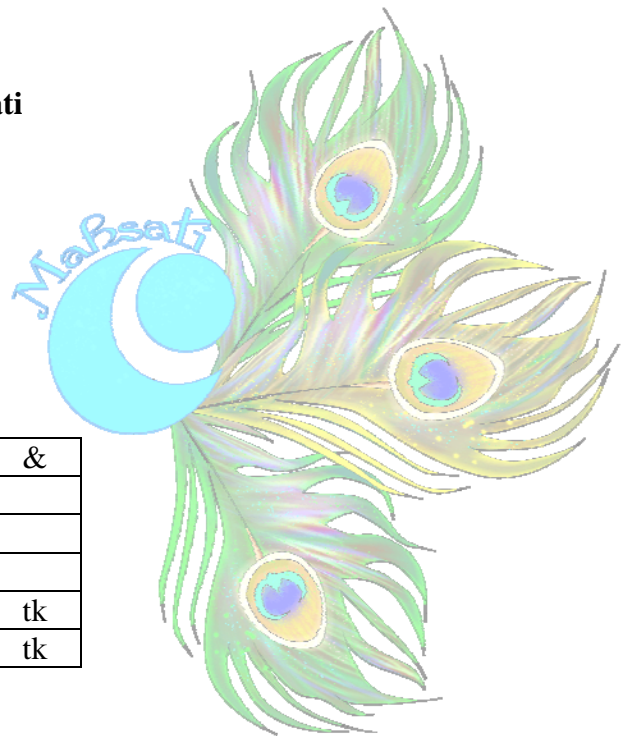
Masmoudi Seghir

Masmoudi Seghir – “Little Masmoudi”
Also known as “Baladi” “Beledy” “Beledi”

4/4 Rhythm

Most commonly heard as DD tkT D tkT tk

1	&	2	&	3	&	4	&
D	D		T	D		T	
D	D	k	T	D	k	T	
D	D	tk	T	D	tk	T	
D	D	tk	T	D	tk	T	tk
Dk	D	tk	T	D	tk	T	tk



Zill Patterns:

- * Singles
- * Doubles
- * Threes
- * Rhythm 1: R R RLR R RLR
- * Rhythm 2: R L RLR R RLR
- * Rhythm 3: R L RLR L RLR
- * Rhythm 4: Both Both RLR Both RLR

Movements:

Baladi means “country” “from the country” “my country” – so the movements that are traditionally performed are simple. You are not limited to these basic movements, but they are a good introduction to dancing to masmoudi seghir.

1. *One-Sided Hip Drops/Lifts with or without release*
2. *Step hip/hip step traveling*
3. *Hip bumps to one side*
4. *Shoulder drops/debke shoulders*
5. *One-Sided Hip/Shoulder Arcs*
6. *3-step turns*
7. *Pelvic down travel*
8. *Soheir Zaki side-steps (weighted locks out/down)*

Basic Rhythms with zill/sagat patterns / Mahsati

Saiidi

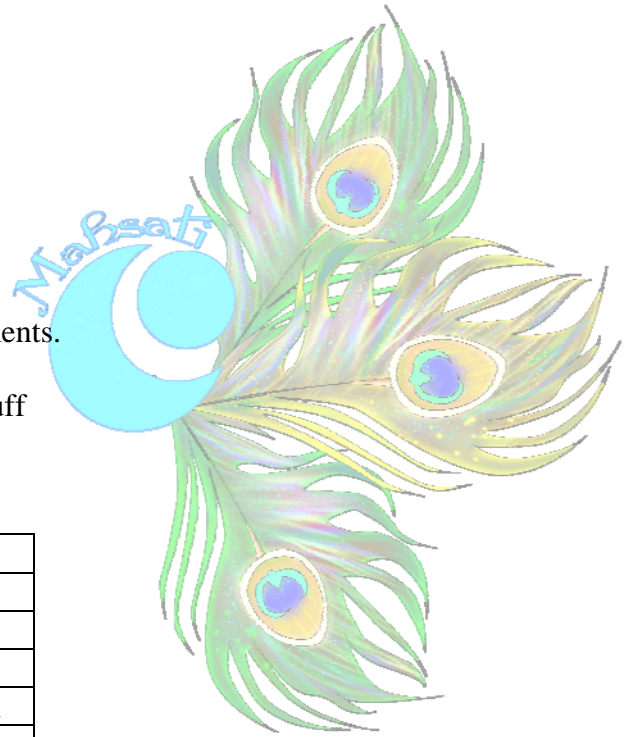
Also known as “saidi” “sayidi” “sayyidi” “saidii”
Rhythm common in Upper Egypt (southern)
used extensively for Raqs al assaya (cane dancing).
Movements commonly mimic the forms of the men’s
Martial art dance called tahtib and horse style movements.

Common instruments – doumbek, mizmar, rebaba, duff

4/4 Rhythm

Most commonly heard as DT tkDD tkT

1	&	2	&	3	&	4	&
D	T		D	D		T	
D	T	k	D	D	k	T	
D	T	tk	D	D	tk	T	
D	T	Tk	D	D	tk	T	tk
D	T	D	D	D	tk	T	tk



Zill Patterns:

- * Singles
- * Doubles
- * Threes
- * Rhythm 1: RL RR L
- * Rhythm 2: RL LRR LR
- * Rhythm 3: RL RLRR RLR RL
- * Rhythm 4: Both R RL Both Both RLR

Movements:

Step Basics

1. *horse step (in place and traveling)*
2. *hip drops*
3. *hop-step walk*
4. *hop-step cross in front*
5. *hop-step fwd and back*

Cane Basics

1. *Holding*
2. *Accenting hip moves*
3. *Tapping*
4. *Twirling forward and back*
5. *Balancing*
6. *Strike (end)*
7. *Fight Strike*

Basic Rhythms with zill/sagat patterns / Mahsati

Khaleegy

Also known as “khaleegi” “khaligi” “kaleegy”
“samri” “saumri” “nashaat”

Basic: D D T
Var1: DkD T
Var2: DkD kTk
Var3: DkkDkkTk

	1	&	a	2	&	a
Basic	D		D		T	
Var1	D	k	D		T	
Var2	D	k	D	k	T	k

Travel Steps

1. Limping Step
2. Heel-toe walk
3. Step-touch and ankle show walk
4. Quick forward/back step

Upper Body/Arms

Hips

Thobe

Hair

Kneeling

